Information

Tuck Shop Schedule

The Tuck Shop is open for business **Monday through Friday from 1:30pm-2:30pm** inside the **Front Office**.

Please be advised that this time is subject to change.

Exercise Equipment

Exercise Equipment is available for use/sign out in the **Lifestyle Office.** Please see Amber if you are interested in taking advantage of the equipment.

Trust Accounts

Trust Accounts are out of **Theresa's Office** on the 1st floor. Hours are **Tuesdays from 10:00am to 12:00pm** and **Thursdays from 1:30pm to 2:30pm**.

"Hair by the Bay" Salon Hours

Tuesdays 2:00pm until last appointment **Wednesdays** 9:30am to 5:30pm **Thursdays** 1:00pm until last appointment

Saturdays 9:00 to 1:00pm (by appointment only)

Leisure Binder

Check the leisure binder located at the **front desk** often for special events, outings, services and special activities to sign up for!

Barrie Public Library Books

Large Print Barrie Public Library Books and DVD's are always available in the **Lifestyle Office**. Please ensure to sign out any items borrowed.

Visitors

We kindly ask **ALL** Visitors to **sign in** at the front desk upon arrival and **sign out** when leaving. Don't forget to sanitize your hands! Thank you!

Simcoe Terrace Library

Please feel free to enjoy the extensive collection of books in our North Lounge Library. All books are filed by Author and maintained by Resident Council.

Management Staff Listing

Michael Ayers, General Manager - michael@simcoeterrace.com

Theresa Stackhouse, Office Manager - theresa@simcoeterrace.com

Amanda Daley, RPN, Director of Wellness - amanda@simcoeterrace.com

Joanne Heise, Food and Beverage Manager - joanne@simcoeterrace.com

Amber Head, Lifestyle Consultant - amber@simcoeterrace.com



Símcoe Terrace Retírement Residence

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Simcoe Terrace Retirement Residence June 2018 Issue





The Terrace Tribune

June is Senior's Month!

Message from the GM

What happened to Spring?

The heat and humidity is here and in full swing. Please be sure to drink plenty of fluids during the day and it's always a good idea to wear a hat when venturing outside for any length of time.

We are excited about the summer and patio season. We look forward many meals cooked on our new BBQ and utilizing the new patio furniture that was recently purchased by the LOFT Program. Many thanks!

I would also like to thank all Residents and Staff who took part in the Bake Sale for Jayme this past week. We raised close to \$400.00! If anyone is interested in purchasing an "A.J.'s Heroes" T-Shirt, please see Amanda. We are still trying to sell as many as possible to help Jayme and her family.

Happy Seniors Month everybody,

Michael Ayers, General Manager

Athletes of the Month Resident Council

Shuffleboard Table #1: Evelyn F. 2598 pts **Shuffleboard Table #2:** Joan J. 3178 pts Bean Bag Toss: Doug O. 197pts

Floor Kurling: Red Team: Iona, Fred, Falk, Sheila, Joan, Margaret, Muriel, Art, Leonie, Rick

Washer Toss: Falk S. 210pts Darts: Iona 70pts **Indoor Croquet:** Falk, Anne

Lawn Darts: Green: George, Art, Fred, Falk, Anne Ladder Ball: Red: Dorothy, Iona, Muriel, Falk, George, Rick, Diane

Bocce: Falk, Evelyn, Dorothy

Council Members of 2018

Margaret Milne—Secretary/Library Committee Judi Cadman & Barbara Lane—Treasury/ **Fundraising**

Falk Stethin—Recreation Committee **Dorothy Hilliard**—Welcoming Committee

Bank Balance as of May 1st 2018: \$1860 (Bank)

\$550 (In House) \$2410 (Total)

Thank you for your continued support!

Mental Gymnastics

Boggle: Falk 248 Scrabble: N/A

Jeopardy: Falk, Ben, Sheri 700pts

Yahtzee: George 317pts

Come and Join our Brain Games to get your name Highlighted in the Calendar!

Welcome to ST!

All are welcome to join our monthly "Meet N" Greet" Social! A great way to break the ice if you are new to The Terrace!

Next Date: Friday, June 22nd at 1:30pm in the **Activity Room**

Highlights of the Month

Monday, June 4th—Annual Seniors Picnic Hosted by the Barrie Quota Club! We leave The Terrace at 4:30pm and arrive at the South Shore Center in time for dinner at 5:30. Entertainment 6:30.

Mondays in June: Foot Care on the 11th, 18th and 25th

Election Day in Ontario—Cast your vote! Elections Ontario will be setting up a poll station at Simcoe Terrace in the Activity room on Thursday, June 7th. The poll station will be available from 9:00am to 9:00pm. Please see Amber to pick up your Voter Information Card, otherwise, they will be given out at breakfast-time on election day. You will need your voter card plus a piece of I.D to vote. Acceptable forms of I.D. are posted on the main bulletin board. See Amber if you have any questions or concerns!

Toothpicks Mobile Dental—The clinic will be here on June 8th. See Amber if you would like to become a patient.

Lunch Club provided by The Grill Cheese Eatery! Sign up is Required! Menu options and prices are located on the main bulletin board.

June 15th—SENIORS MONTH BBQ and RESIDENT APPRECIATION with Dale McFarling! We celebrate Seniors Month here at The Terrace by recognizing all of the people who go out of their way to lend a helping hand! We will be welcoming seniors from the community to help us celebrate! Be sure to give a big Simcoe Terrace welcome! See you there!

June 21st—FIRST DAY OF SUMMER

June 20th—Come down to the Activity room for an education session on Nutrition and Aging hosted by "Goodnessme"

June 27th—Sign up at the Front Desk if you would like to join us for a Picnic! We will be WALKING to Queen's Park for lunch!

Tea Time—Look out on the calendar for Special Socials!

June Meeting Schedule

June 1st at 9:45am—Programs Chat with Amber and Eryn in the Sunroom June 13th at 10:45am—Menu Chat with Joanne in the Dining Room June 26th at 10:30am—Resident General Meeting in the Activity Room

Coming up in July....Canada Day Celebrations!